

SUNDAY OF THE CHURCH YEAR: Proper 14A

9 August 2020



MAIN POINT

Have courage

SCRIPTURE FOCUS

But Jesus quickly spoke to them, "Have courage! It is I. Do not be afraid." **Matthew 14:27**

AIDS

Possible demonstration – using a clear tub of water with items that float and sink. (Depending on the weather you might like to use a pool or another body of water if you have one nearby)

CHAT

What happens when something sinks? (demonstration would work here)

There is a story in the Bible where Jesus was standing on the water beside the disciples' boat and asked his disciple Peter to step out of the boat and walk on the water to him. That would be amazing to see Jesus standing on the water. So, Peter decided to trust Jesus and he got out of the boat and walked to him. But he soon became scared because of the wind and waves. I think I might be a bit scared too standing on the water. What do you think?

But what did Jesus do then? He helped Peter and told him not to be afraid because he was there with him.

There are times when we get scared and it might not be the wind and waves that are scaring us, but no matter what it is, Jesus is there reaching out his hand to help us. He wants us to have courage and trust in him.

PRAYER

May the Lord Jesus take hold of you when you are scared. May he give you faith to trust in him. Amen.